



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Hörning, Jürgen

Club: TSV Langeoog  
Number: 643

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M75 (75 und älter)

Total time: 1:29:26

Speed: 6.04 km/h  
Running performance: 9:19 min/km

Rank in course/Total: 167 (of 169)

Rank in course/Men: 99 (of 101)

Best time in course: 34:38

Rank in category: 1(of 1)

Best time in the category: 1:29:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	43:38	10:38	1	-	99	26:38	4.10	43:38	10:38	1	-	100	43:38
Loddenke	2.20	21:47	9:54	1	-	99	15:00	6.30	1:05:25	10:23	1	-	100	41:38
Ilseburg/Markt	3.30	24:01	7:16	1	-	98	13:22	9.60	1:29:26	9:18	1	-	99	54:48