



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Schaper, Hendrik

Club: Hannover Runners e.V.  
Number: 553

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:00:57

Speed: 12.90 km/h  
Running performance: 4:37 min/km

Rank in course/Total: 13 (of 537)

Rank in course/Men: 13 (of 440)

Best time in course: 1:41:44

Rank in category: 1(of 55)

Best time in the category: 2:00:57

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:10	4:35	3	1:13	31	2:58	3.30	15:10	4:35	3	1:13	31	2:58
Schlüsie	3.10	16:27	5:18	2	0:45	27	3:03	6.40	31:37	4:56	2	1:58	30	6:01
Hermannsklippe	2.60	14:47	5:41	2	0:34	32	2:53	9.00	46:24	5:09	2	2:32	30	8:54
Brocken	3.10	23:43	7:39	2	0:37	28	5:30	12.10	1:10:07	5:47	2	3:09	28	14:24
Eiserner Handwe	3.60	14:08	3:55	1	-	11	1:32	15.70	1:24:15	5:21	2	2:36	24	15:56
Schlüsie	4.10	13:31	3:17	1	-	13	1:34	19.80	1:37:46	4:56	2	1:30	20	17:30
Loddenke	3.10	10:44	3:27	1	-	3	0:40	22.90	1:48:30	4:44	1	-	14	18:10
Ilseburg/Markt	3.30	12:27	3:46	1	-	9	1:03	26.20	2:00:57	4:36	1	-	13	19:13