



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Winkel, Till

Club: Ottensen Axes
Number: 509

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:01:01

Speed: 12.89 km/h
Running performance: 4:37 min/km

Rank in course/Total: 14 (of 537)

Rank in course/Men: 14 (of 440)

Best time in course: 1:41:44

Rank in category: 5(of 47)

Best time in the category: 1:41:44

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:34	4:24	5	2:22	17	2:22	3.30	14:34	4:24	5	2:22	17	2:22
Schlüsie	3.10	16:32	5:20	6	3:08	28	3:08	6.40	31:06	4:51	6	5:30	23	5:30
Hermannsklippe	2.60	14:45	5:40	6	2:51	29	2:51	9.00	45:51	5:05	6	8:21	25	8:21
Brocken	3.10	24:18	7:50	7	6:05	34	6:05	12.10	1:10:09	5:47	6	14:26	29	14:26
Eiserner Handwe	3.60	14:07	3:55	5	1:31	10	1:31	15.70	1:24:16	5:22	5	15:57	25	15:57
Schlüsie	4.10	13:17	3:14	4	1:20	7	1:20	19.80	1:37:33	4:55	5	17:17	17	17:17
Loddenke	3.10	11:08	3:35	3	1:04	8	1:04	22.90	1:48:41	4:44	5	18:21	15	18:21
Ilseburg/Markt	3.30	12:20	3:44	3	0:56	8	0:56	26.20	2:01:01	4:37	5	19:17	14	19:17