



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Albrecht, Lars

Club: Leipzig  
Number: 28

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:02:18

Speed: 12.76 km/h  
Running performance: 4:40 min/km

Rank in course/Total: 19 (of 537)

Rank in course/Men: 19 (of 440)

Best time in course: 1:41:44

Rank in category: 7(of 65)

Best time in the category: 1:52:36

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:38	4:26	9	1:06	20	2:26	3.30	14:38	4:26	9	1:06	20	2:26
Schlüsie	3.10	16:14	5:14	9	1:28	18	2:50	6.40	30:52	4:49	9	2:22	17	5:16
Hermannsklippe	2.60	14:36	5:36	13	1:43	25	2:42	9.00	45:28	5:03	10	4:05	21	7:58
Brocken	3.10	23:15	7:30	10	2:29	22	5:02	12.10	1:08:43	5:40	10	6:34	23	13:00
Eiserner Handwe	3.60	14:52	4:07	8	1:45	27	2:16	15.70	1:23:35	5:19	9	7:44	20	15:16
Schlüsie	4.10	14:02	3:25	7	1:05	21	2:05	19.80	1:37:37	4:55	7	8:38	18	17:21
Loddenke	3.10	11:41	3:46	7	0:51	21	1:37	22.90	1:49:18	4:46	7	9:14	19	18:58
Ilseburg/Markt	3.30	13:00	3:56	8	1:14	18	1:36	26.20	2:02:18	4:40	7	9:42	19	20:34