



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Morgenstern, Martin

Club: Team Harzcore
Number: 548

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:02:22

Speed: 12.75 km/h
Running performance: 4:40 min/km

Rank in course/Total: 20 (of 537)

Rank in course/Men: 20 (of 440)

Best time in course: 1:41:44

Rank in category: 8(of 65)

Best time in the category: 1:52:36

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:51	4:48	13	2:19	47	3:39	3.30	15:51	4:48	13	2:19	47	3:39
Schlüsie	3.10	16:32	5:20	12	1:46	28	3:08	6.40	32:23	5:03	12	3:53	34	6:47
Hermannsklippe	2.60	14:25	5:32	12	1:32	24	2:31	9.00	46:48	5:11	13	5:25	32	9:18
Brocken	3.10	23:34	7:36	11	2:48	25	5:21	12.10	1:10:22	5:48	13	8:13	30	14:39
Eiserner Handwe	3.60	14:22	3:59	4	1:15	13	1:46	15.70	1:24:44	5:23	12	8:53	29	16:25
Schlüsie	4.10	13:27	3:16	5	0:30	11	1:30	19.80	1:38:11	4:57	9	9:12	22	17:55
Loddenke	3.10	11:12	3:36	4	0:22	9	1:08	22.90	1:49:23	4:46	8	9:19	20	19:03
Ilseburg/Markt	3.30	12:59	3:56	7	1:13	17	1:35	26.20	2:02:22	4:40	8	9:46	20	20:38