



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Klinder, Ingolf

Club: TSV Reinbek
Number: 534

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:04:57

Speed: 12.58 km/h
Running performance: 4:46 min/km

Rank in course/Total: 28 (of 537)

Rank in course/Men: 25 (of 440)

Best time in course: 1:41:44

Rank in category: 2(of 57)

Best time in the category: 1:54:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:49	4:29	3	0:32	24	2:37	3.30	14:49	4:29	3	0:32	24	2:37
Schlüsie	3.10	16:12	5:13	2	0:27	17	2:48	6.40	31:01	4:50	2	0:59	19	5:25
Hermannsklippe	2.60	14:02	5:23	2	0:22	13	2:08	9.00	45:03	5:00	2	1:21	17	7:33
Brocken	3.10	22:09	7:08	2	1:20	10	3:56	12.10	1:07:12	5:33	2	2:41	13	11:29
Eiserner Handwe	3.60	15:50	4:23	5	2:13	45	3:14	15.70	1:23:02	5:17	2	4:54	16	14:43
Schlüsie	4.10	15:46	3:50	8	2:28	55	3:49	19.80	1:38:48	4:59	2	7:22	25	18:32
Loddenke	3.10	12:35	4:03	8	1:16	45	2:31	22.90	1:51:23	4:51	2	8:38	28	21:03
Ilseburg/Markt	3.30	13:34	4:06	4	1:23	32	2:10	26.20	2:04:57	4:46	2	10:01	25	23:13