



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Rinke, Steven

Club: Harz-Gebirgslauf Wernigerode
Number: 582

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:06:02

Speed: 12.38 km/h
Running performance: 4:49 min/km

Rank in course/Total: 32 (of 537)

Rank in course/Men: 29 (of 440)

Best time in course: 1:41:44

Rank in category: 11(of 65)

Best time in the category: 1:52:36

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:46	4:28	10	1:14	23	2:34	3.30	14:46	4:28	10	1:14	23	2:34
Schlüsie	3.10	16:26	5:18	11	1:40	25	3:02	6.40	31:12	4:52	10	2:42	24	5:36
Hermannsklippe	2.60	14:12	5:27	9	1:19	17	2:18	9.00	45:24	5:02	9	4:01	20	7:54
Brocken	3.10	22:45	7:20	6	1:59	13	4:32	12.10	1:08:09	5:37	7	6:00	15	12:26
Eiserner Handwe	3.60	15:17	4:14	12	2:10	35	2:41	15.70	1:23:26	5:18	7	7:35	18	15:07
Schlüsie	4.10	14:43	3:35	9	1:46	30	2:46	19.80	1:38:09	4:57	8	9:10	21	17:53
Loddenke	3.10	12:37	4:04	13	1:47	46	2:33	22.90	1:50:46	4:50	9	10:42	24	20:26
Ilseburg/Markt	3.30	15:16	4:37	22	3:30	102	3:52	26.20	2:06:02	4:48	11	13:26	29	24:18