



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Knauer, Daniel

Club: Brockenlaufverein
Number: 535

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:08:34

Speed: 12.13 km/h
Running performance: 4:55 min/km

Rank in course/Total: 40 (of 537)

Rank in course/Men: 36 (of 440)

Best time in course: 1:41:44

Rank in category: 4(of 55)

Best time in the category: 2:00:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			min/km	Pos Men	Behind Men
Loddenke	3.30	15:05	4:34	2	1:08	30	2:53	3.30	15:05	4:34	2	1:08	30	2:53
Schlüsie	3.10	17:07	5:31	3	1:25	37	3:43	6.40	32:12	5:01	3	2:33	33	6:36
Hermannsklippe	2.60	15:20	5:53	3	1:07	41	3:26	9.00	47:32	5:16	3	3:40	34	10:02
Brocken	3.10	23:54	7:42	3	0:48	31	5:41	12.10	1:11:26	5:54	3	4:28	33	15:43
Eiserner Handwe	3.60	15:16	4:14	5	1:08	34	2:40	15.70	1:26:42	5:31	3	5:03	34	18:23
Schlüsie	4.10	14:38	3:34	4	1:07	27	2:41	19.80	1:41:20	5:07	3	5:04	34	21:04
Loddenke	3.10	12:33	4:02	3	1:49	40	2:29	22.90	1:53:53	4:58	3	5:23	34	23:33
Ilseburg/Markt	3.30	14:41	4:26	7	2:14	70	3:17	26.20	2:08:34	4:54	4	7:37	36	26:50