



52. Brockenlauf Ilseburg / 02.09.2023

Detailed evaluation

Kuba, Hans-Joachim

Club: A-Team Goslar
Number: 542

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:13:09

Speed: 11.72 km/h
Running performance: 5:05 min/km

Rank in course/Total: 52 (of 537)

Rank in course/Men: 47 (of 440)

Best time in course: 1:41:44

Rank in category: 1(of 59)

Best time in the category: 2:13:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:14	5:13	5	1:47	79	5:02	3.30	17:14	5:13	5	1:47	79	5:02
Schlüsse	3.10	17:56	5:47	2	0:02	57	4:32	6.40	35:10	5:29	4	1:45	61	9:34
Hermannsklippe	2.60	15:30	5:57	1	-	46	3:36	9.00	50:40	5:37	3	1:01	61	13:10
Brocken	3.10	24:42	7:58	1	-	37	6:29	12.10	1:15:22	6:13	1	-	50	19:39
Eiserner Handwe	3.60	15:48	4:23	2	0:30	44	3:12	15.70	1:31:10	5:48	1	-	48	22:51
Schlüsse	4.10	15:20	3:44	1	-	43	3:23	19.80	1:46:30	5:22	1	-	47	26:14
Loddenke	3.10	12:25	4:00	1	-	33	2:21	22.90	1:58:55	5:11	1	-	48	28:35
Ilseburg/Markt	3.30	14:14	4:18	4	0:24	50	2:50	26.20	2:13:09	5:04	1	-	47	31:25