



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Reinecke, Frank

Club: Brockenlaufverein
Number: 22

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:13:44

Speed: 11.67 km/h
Running performance: 5:06 min/km

Rank in course/Total: 53 (of 537)

Rank in course/Men: 48 (of 440)

Best time in course: 1:41:44

Rank in category: 6(of 61)

Best time in the category: 2:00:25

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:35	4:43	6	1:04	44	3:23	3.30	15:35	4:43	6	1:04	44	3:23
Schlüsie	3.10	17:39	5:41	6	1:30	50	4:15	6.40	33:14	5:11	6	2:13	45	7:38
Hermannsklippe	2.60	15:49	6:04	6	1:43	56	3:55	9.00	49:03	5:26	6	3:56	46	11:33
Brocken	3.10	25:22	8:10	6	2:52	50	7:09	12.10	1:14:25	6:09	6	6:22	44	18:42
Eiserner Handwe	3.60	15:32	4:18	6	1:33	39	2:56	15.70	1:29:57	5:43	6	7:39	43	21:38
Schlüsie	4.10	15:57	3:53	7	2:25	62	4:00	19.80	1:45:54	5:20	6	10:03	44	25:38
Loddenke	3.10	12:59	4:11	8	1:42	63	2:55	22.90	1:58:53	5:11	6	11:32	47	28:33
Ilseburg/Markt	3.30	14:51	4:30	10	1:54	80	3:27	26.20	2:13:44	5:06	6	13:19	48	32:00