



## 52. Brockenlauf Ilseburg / 02.09.2023

### Detailed evaluation

Matthiesen, Erik

Club: Björnebanden  
Number: 282

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:14:09

Speed: 11.63 km/h  
Running performance: 5:07 min/km

Rank in course/Total: 57 (of 537)

Rank in course/Men: 51 (of 440)

Best time in course: 1:41:44

Rank in category: 2(of 59)

Best time in the category: 2:13:09

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|-----------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
| Loddenke        | 3.30        | 16:55         | 5:07            | 3           | 1:28           | 68         | 4:43          | 3.30        | 16:55         | 5:07            | 3           | 1:28           | 68         | 4:43          |
| Schlüsie        | 3.10        | 18:12         | 5:52            | 4           | 0:18           | 62         | 4:48          | 6.40        | 35:07         | 5:29            | 3           | 1:42           | 60         | 9:31          |
| Hermannsklippe  | 2.60        | 16:01         | 6:09            | 4           | 0:31           | 63         | 4:07          | 9.00        | 51:08         | 5:40            | 5           | 1:29           | 65         | 13:38         |
| Brocken         | 3.10        | 25:20         | 8:10            | 3           | 0:38           | 48         | 7:07          | 12.10       | 1:16:28       | 6:19            | 5           | 1:06           | 57         | 20:45         |
| Eiserner Handwe | 3.60        | 15:57         | 4:25            | 3           | 0:39           | 52         | 3:21          | 15.70       | 1:32:25       | 5:53            | 3           | 1:15           | 53         | 24:06         |
| Schlüsie        | 4.10        | 15:21         | 3:44            | 2           | 0:01           | 44         | 3:24          | 19.80       | 1:47:46       | 5:26            | 3           | 1:16           | 54         | 27:30         |
| Loddenke        | 3.10        | 12:33         | 4:02            | 2           | 0:08           | 40         | 2:29          | 22.90       | 2:00:19       | 5:15            | 2           | 1:24           | 50         | 29:59         |
| Ilseburg/Markt  | 3.30        | 13:50         | 4:11            | 1           | -              | 40         | 2:26          | 26.20       | 2:14:09       | 5:07            | 2           | 1:00           | 51         | 32:25         |