



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Evers, Harry

Club: Lemwerder
Number: 108

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:15:59

Speed: 11.47 km/h
Running performance: 5:11 min/km

Rank in course/Total: 61 (of 537)

Rank in course/Men: 55 (of 440)

Best time in course: 1:41:44

Rank in category: 3(of 59)

Best time in the category: 2:13:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:27	4:40	1	-	42	3:15	3.30	15:27	4:40	1	-	42	3:15
Schlüsie	3.10	17:58	5:47	3	0:04	58	4:34	6.40	33:25	5:13	1	-	48	7:49
Hermannsklippe	2.60	16:14	6:14	5	0:44	69	4:20	9.00	49:39	5:30	1	-	50	12:09
Brocken	3.10	26:43	8:37	5	2:01	73	8:30	12.10	1:16:22	6:18	4	1:00	56	20:39
Eiserner Handwe	3.60	15:18	4:15	1	-	36	2:42	15.70	1:31:40	5:50	2	0:30	50	23:21
Schlüsie	4.10	15:25	3:45	3	0:05	46	3:28	19.80	1:47:05	5:24	2	0:35	50	26:49
Loddenke	3.10	13:31	4:21	6	1:06	85	3:27	22.90	2:00:36	5:15	3	1:41	53	30:16
Ilseburg/Markt	3.30	15:23	4:39	10	1:33	107	3:59	26.20	2:15:59	5:11	3	2:50	55	34:15