



# 52. Brockenlauf

Ilseburg / 02.09.2023

## Detailed evaluation

### Spierling, Nico

Club: Meilenweit Potsdam  
Number: 401

Course: 26.20 km  
26,2 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 2:16:12

Speed: 11.45 km/h  
Running performance: 5:12 min/km

Rank in course/Total: 64 (of 537)

Rank in course/Men: 57 (of 440)

Best time in course: 1:41:44

Rank in category: 9(of 34)

Best time in the category: 1:57:58

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:13	4:54	8	2:21	52	4:01	3.30	16:13	4:54	8	2:21	52	4:01
Schlüsie	3.10	16:59	5:28	7	1:37	35	3:35	6.40	33:12	5:11	7	3:58	43	7:36
Hermannsklippe	2.60	14:45	5:40	4	1:14	29	2:51	9.00	47:57	5:19	6	5:12	38	10:27
Brocken	3.10	24:38	7:56	4	3:47	35	6:25	12.10	1:12:35	5:59	6	8:59	38	16:52
Eiserner Handwe	3.60	17:11	4:46	11	2:40	80	4:35	15.70	1:29:46	5:43	7	10:41	41	21:27
Schlüsie	4.10	17:36	4:17	15	4:11	153	5:39	19.80	1:47:22	5:25	8	13:09	51	27:06
Loddenke	3.10	13:36	4:23	12	2:44	91	3:32	22.90	2:00:58	5:16	9	15:53	54	30:38
Ilseburg/Markt	3.30	15:14	4:36	14	2:36	99	3:50	26.20	2:16:12	5:11	9	18:14	57	34:28