



52. Brockenlauf Ilseburg / 02.09.2023

Detailed evaluation

Pape, Markus

Club: Burgdorf

Number: 313

Course: 26.20 km

26,2 km - Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:21:08

Speed: 11.05 km/h

Running performance: 5:23 min/km

Rank in course/Total: 77 (of 537)

Rank in course/Men: 69 (of 440)

Best time in course: 1:41:44

Rank in category: 15(of 57)

Best time in the category: 1:54:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:42	5:03	12	2:25	61	4:30	3.30	16:42	5:03	12	2:25	61	4:30
Schlüsse	3.10	18:00	5:48	8	2:15	59	4:36	6.40	34:42	5:25	10	4:40	57	9:06
Hermannsklippe	2.60	15:56	6:07	9	2:16	60	4:02	9.00	50:38	5:37	10	6:56	59	13:08
Brocken	3.10	26:20	8:29	14	5:31	71	8:07	12.10	1:16:58	6:21	8	12:27	58	21:15
Eiserner Handwe	3.60	16:22	4:32	11	2:45	56	3:46	15.70	1:33:20	5:56	8	15:12	59	25:01
Schlüsse	4.10	16:45	4:05	18	3:27	98	4:48	19.80	1:50:05	5:33	10	18:39	61	29:49
Loddenke	3.10	14:18	4:36	26	2:59	139	4:14	22.90	2:04:23	5:25	12	21:38	63	34:03
Ilseburg/Markt	3.30	16:45	5:04	30	4:34	196	5:21	26.20	2:21:08	5:23	15	26:12	69	39:24