



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Wettmarshausen, Sören

Club: TSV Steina
Number: 563

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:21:17

Speed: 11.04 km/h
Running performance: 5:23 min/km

Rank in course/Total: 79 (of 537)

Rank in course/Men: 71 (of 440)

Best time in course: 1:41:44

Rank in category: 11(of 47)

Best time in the category: 1:41:44

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:45	5:04	8	4:33	65	4:33	3.30	16:45	5:04	8	4:33	65	4:33
Schlüsie	3.10	18:09	5:51	10	4:45	61	4:45	6.40	34:54	5:27	8	9:18	59	9:18
Hermannsklippe	2.60	16:02	6:10	11	4:08	64	4:08	9.00	50:56	5:39	10	13:26	63	13:26
Brocken	3.10	26:06	8:25	9	7:53	60	7:53	12.10	1:17:02	6:21	9	21:19	59	21:19
Eiserner Handwe	3.60	17:24	4:49	11	4:48	91	4:48	15.70	1:34:26	6:00	9	26:07	63	26:07
Schlüsie	4.10	16:39	4:03	15	4:42	90	4:42	19.80	1:51:05	5:36	9	30:49	64	30:49
Loddenke	3.10	14:18	4:36	20	4:14	139	4:14	22.90	2:05:23	5:28	9	35:03	66	35:03
Ilseburg/Markt	3.30	15:54	4:49	21	4:30	133	4:30	26.20	2:21:17	5:23	11	39:33	71	39:33