



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Mielenhausen, Mike

Club: sportTREND Ultralaufteam BS
Number: 547

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:21:40

Speed: 11.01 km/h
Running performance: 5:25 min/km

Rank in course/Total: 81 (of 537)

Rank in course/Men: 73 (of 440)

Best time in course: 1:41:44

Rank in category: 12(of 47)

Best time in the category: 1:41:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:59	5:26	19	5:47	110	5:47	3.30	17:59	5:26	19	5:47	110	5:47
Schlüsie	3.10	17:26	5:37	7	4:02	45	4:02	6.40	35:25	5:32	10	9:49	70	9:49
Hermannsklippe	2.60	15:13	5:51	8	3:19	39	3:19	9.00	50:38	5:37	9	13:08	59	13:08
Brocken	3.10	27:39	8:55	11	9:26	90	9:26	12.10	1:18:17	6:28	10	22:34	66	22:34
Eiserner Handwe	3.60	17:45	4:55	14	5:09	114	5:09	15.70	1:36:02	6:07	10	27:43	69	27:43
Schlüsie	4.10	17:31	4:16	21	5:34	145	5:34	19.80	1:53:33	5:44	10	33:17	73	33:17
Loddenke	3.10	13:30	4:21	14	3:26	83	3:26	22.90	2:07:03	5:32	12	36:43	76	36:43
Ilseburg/Markt	3.30	14:37	4:25	11	3:13	66	3:13	26.20	2:21:40	5:24	12	39:56	73	39:56