



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Mielenhausen, Mike

Club: sportTREND Ultralaufteam BS
Number: 547

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:21:40

Speed: 11.01 km/h
Running performance: 5:25 min/km

Rank in course/Total: 81 (of 537)

Rank in course/Men: 73 (of 440)

Best time in course: 1:41:44

Rank in category: 12(of 47)

Best time in the category: 1:41:44

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 17:59 | 5:26 | 19 | 5:47 | 110 | 5:47 | 3.30 | 17:59 | 5:26 | 19 | 5:47 | 110 | 5:47 |
| Schlüsie | 3.10 | 17:26 | 5:37 | 7 | 4:02 | 45 | 4:02 | 6.40 | 35:25 | 5:32 | 10 | 9:49 | 70 | 9:49 |
| Hermannsklippe | 2.60 | 15:13 | 5:51 | 8 | 3:19 | 39 | 3:19 | 9.00 | 50:38 | 5:37 | 9 | 13:08 | 59 | 13:08 |
| Brocken | 3.10 | 27:39 | 8:55 | 11 | 9:26 | 90 | 9:26 | 12.10 | 1:18:17 | 6:28 | 10 | 22:34 | 66 | 22:34 |
| Eiserner Handwe | 3.60 | 17:45 | 4:55 | 14 | 5:09 | 114 | 5:09 | 15.70 | 1:36:02 | 6:07 | 10 | 27:43 | 69 | 27:43 |
| Schlüsie | 4.10 | 17:31 | 4:16 | 21 | 5:34 | 145 | 5:34 | 19.80 | 1:53:33 | 5:44 | 10 | 33:17 | 73 | 33:17 |
| Loddenke | 3.10 | 13:30 | 4:21 | 14 | 3:26 | 83 | 3:26 | 22.90 | 2:07:03 | 5:32 | 12 | 36:43 | 76 | 36:43 |
| Ilseburg/Markt | 3.30 | 14:37 | 4:25 | 11 | 3:13 | 66 | 3:13 | 26.20 | 2:21:40 | 5:24 | 12 | 39:56 | 73 | 39:56 |