



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Halbedel, Sven

Club: NSV Wernigerode
Number: 159

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:22:36

Speed: 10.94 km/h
Running performance: 5:26 min/km

Rank in course/Total: 86 (of 537)

Rank in course/Men: 78 (of 440)

Best time in course: 1:41:44

Rank in category: 9(of 55)

Best time in the category: 2:00:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:56	5:07	8	2:59	69	4:44	3.30	16:56	5:07	8	2:59	69	4:44
Schlüsie	3.10	18:23	5:55	7	2:41	67	4:59	6.40	35:19	5:31	8	5:40	65	9:43
Hermannsklippe	2.60	15:55	6:07	7	1:42	59	4:01	9.00	51:14	5:41	7	7:22	66	13:44
Brocken	3.10	26:49	8:39	9	3:43	76	8:36	12.10	1:18:03	6:27	8	11:05	65	22:20
Eiserner Handwe	3.60	17:31	4:51	9	3:23	97	4:55	15.70	1:35:34	6:05	8	13:55	67	27:15
Schlüsie	4.10	16:53	4:07	10	3:22	104	4:56	19.80	1:52:27	5:40	7	16:11	69	32:11
Loddenke	3.10	14:14	4:35	16	3:30	134	4:10	22.90	2:06:41	5:31	9	18:11	71	36:21
Ilseburg/Markt	3.30	15:55	4:49	16	3:28	136	4:31	26.20	2:22:36	5:26	9	21:39	78	40:52