



52. Brockenlauf Ilseburg / 02.09.2023

Detailed evaluation

Palmer, Tobias

Club: Selben

Number: 500

Course: 26.20 km

26,2 km - Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:22:41

Speed: 10.93 km/h

Running performance: 5:27 min/km

Rank in course/Total: 87 (of 537)

Rank in course/Men: 79 (of 440)

Best time in course: 1:41:44

Rank in category: 18(of 65)

Best time in the category: 1:52:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:16	5:13	19	3:44	80	5:04	3.30	17:16	5:13	19	3:44	80	5:04
Schlüsse	3.10	18:31	5:58	18	3:45	70	5:07	6.40	35:47	5:35	18	7:17	75	10:11
Hermannsklippe	2.60	16:26	6:19	19	3:33	73	4:32	9.00	52:13	5:48	18	10:50	71	14:43
Brocken	3.10	27:34	8:53	23	6:48	86	9:21	12.10	1:19:47	6:35	19	17:38	74	24:04
Eiserner Handwe	3.60	17:11	4:46	20	4:04	80	4:35	15.70	1:36:58	6:10	19	21:07	76	28:39
Schlüsse	4.10	17:23	4:14	28	4:26	136	5:26	19.80	1:54:21	5:46	19	25:22	81	34:05
Loddenke	3.10	13:26	4:19	19	2:36	78	3:22	22.90	2:07:47	5:34	18	27:43	81	37:27
Ilseburg/Markt	3.30	14:54	4:30	19	3:08	82	3:30	26.20	2:22:41	5:26	18	30:05	79	40:57