



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Franke, Sven

Club: Brockenlaufverein
Number: 123

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:23:30

Speed: 10.87 km/h
Running performance: 5:29 min/km

Rank in course/Total: 93 (of 537)

Rank in course/Men: 85 (of 440)

Best time in course: 1:41:44

Rank in category: 7(of 59)

Best time in the category: 2:13:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:18	5:32	10	2:51	124	6:06	3.30	18:18	5:32	10	2:51	124	6:06
Schlüsie	3.10	19:11	6:11	6	1:17	94	5:47	6.40	37:29	5:51	8	4:04	109	11:53
Hermannsklippe	2.60	16:51	6:28	9	1:21	95	4:57	9.00	54:20	6:02	7	4:41	105	16:50
Brocken	3.10	27:35	8:53	9	2:53	87	9:22	12.10	1:21:55	6:46	7	6:33	93	26:12
Eiserner Handwe	3.60	16:30	4:34	4	1:12	58	3:54	15.70	1:38:25	6:16	7	7:15	86	30:06
Schlüsie	4.10	16:10	3:56	4	0:50	67	4:13	19.80	1:54:35	5:47	7	8:05	84	34:19
Loddenke	3.10	13:45	4:26	8	1:20	100	3:41	22.90	2:08:20	5:36	7	9:25	87	38:00
Ilseburg/Markt	3.30	15:10	4:35	8	1:20	93	3:46	26.20	2:23:30	5:28	7	10:21	85	41:46