



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Keune, Christian

Club: SV Darlingerode/ Drübeck
Number: 578

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:24:21

Speed: 10.81 km/h
Running performance: 5:31 min/km

Rank in course/Total: 96 (of 537)

Rank in course/Men: 88 (of 440)

Best time in course: 1:41:44

Rank in category: 18(of 57)

Best time in the category: 1:54:56

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:44	5:04	14	2:27	64	4:32	3.30	16:44	5:04	14	2:27	64	4:32
Schlüsie	3.10	20:07	6:29	25	4:22	151	6:43	6.40	36:51	5:45	18	6:49	95	11:15
Hermannsklippe	2.60	16:25	6:18	14	2:45	72	4:31	9.00	53:16	5:55	17	9:34	83	15:46
Brocken	3.10	27:15	8:47	17	6:26	82	9:02	12.10	1:20:31	6:39	18	16:00	82	24:48
Eiserner Handwe	3.60	17:39	4:54	20	4:02	106	5:03	15.70	1:38:10	6:15	18	20:02	84	29:51
Schlüsie	4.10	16:21	3:59	14	3:03	77	4:24	19.80	1:54:31	5:47	18	23:05	83	34:15
Loddenke	3.10	14:12	4:34	23	2:53	132	4:08	22.90	2:08:43	5:37	18	25:58	89	38:23
Ilseburg/Markt	3.30	15:38	4:44	18	3:27	120	4:14	26.20	2:24:21	5:30	18	29:25	88	42:37