



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

String, Fridolin

Club: Stader SV
Number: 410

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:25:29

Speed: 10.72 km/h
Running performance: 5:33 min/km

Rank in course/Total: 104 (of 537)

Rank in course/Men: 96 (of 440)

Best time in course: 1:41:44

Rank in category: 13(of 34)

Best time in the category: 1:57:58

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:19	5:33	16	4:27	126	6:07	3.30	18:19	5:33	16	4:27	126	6:07
Schlüsie	3.10	19:26	6:16	15	4:04	107	6:02	6.40	37:45	5:53	15	8:31	117	12:09
Hermannsklippe	2.60	16:47	6:27	13	3:16	92	4:53	9.00	54:32	6:03	15	11:47	109	17:02
Brocken	3.10	28:02	9:02	11	7:11	100	9:49	12.10	1:22:34	6:49	13	18:58	100	26:51
Eiserner Handwe	3.60	17:38	4:53	13	3:07	104	5:02	15.70	1:40:12	6:22	13	21:07	101	31:53
Schlüsie	4.10	17:00	4:08	11	3:35	114	5:03	19.80	1:57:12	5:55	13	22:59	102	36:56
Loddenke	3.10	13:27	4:20	11	2:35	79	3:23	22.90	2:10:39	5:42	13	25:34	99	40:19
Ilseburg/Markt	3.30	14:50	4:29	10	2:12	77	3:26	26.20	2:25:29	5:33	13	27:31	96	43:45