



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Schaper, Christian

Club: Turbine Schaper
Number: 361

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:25:56

Speed: 10.69 km/h
Running performance: 5:34 min/km

Rank in course/Total: 106 (of 537)

Rank in course/Men: 98 (of 440)

Best time in course: 1:41:44

Rank in category: 11(of 55)

Best time in the category: 2:00:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:32	5:00	7	2:35	59	4:20	3.30	16:32	5:00	7	2:35	59	4:20
Schlüsie	3.10	18:40	6:01	9	2:58	74	5:16	6.40	35:12	5:30	7	5:33	62	9:36
Hermannsklippe	2.60	16:48	6:27	11	2:35	94	4:54	9.00	52:00	5:46	8	8:08	68	14:30
Brocken	3.10	25:32	8:14	6	2:26	52	7:19	12.10	1:17:32	6:24	7	10:34	63	21:49
Eiserner Handwe	3.60	17:22	4:49	8	3:14	90	4:46	15.70	1:34:54	6:02	7	13:15	65	26:35
Schlüsie	4.10	19:01	4:38	32	5:30	226	7:04	19.80	1:53:55	5:45	10	17:39	77	33:39
Loddenke	3.10	14:55	4:48	27	4:11	189	4:51	22.90	2:08:50	5:37	11	20:20	90	38:30
Ilseburg/Markt	3.30	17:06	5:10	31	4:39	223	5:42	26.20	2:25:56	5:34	11	24:59	98	44:12