



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Bär, Mario

Club: Dessau
Number: 490

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:26:17

Speed: 10.66 km/h
Running performance: 5:35 min/km

Rank in course/Total: 107 (of 537)

Rank in course/Men: 99 (of 440)

Best time in course: 1:41:44

Rank in category: 9(of 61)

Best time in the category: 2:00:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:06	5:47	25	4:35	181	6:54	3.30	19:06	5:47	25	4:35	181	6:54
Schlüsie	3.10	19:27	6:16	12	3:18	108	6:03	6.40	38:33	6:01	17	7:32	132	12:57
Hermannsklippe	2.60	17:06	6:34	9	3:00	106	5:12	9.00	55:39	6:11	14	10:32	122	18:09
Brocken	3.10	29:00	9:21	16	6:30	128	10:47	12.10	1:24:39	6:59	15	16:36	127	28:56
Eiserner Handwe	3.60	18:13	5:03	22	4:14	146	5:37	15.70	1:42:52	6:33	14	20:34	124	34:33
Schlüsie	4.10	16:03	3:54	8	2:31	63	4:06	19.80	1:58:55	6:00	12	23:04	115	38:39
Loddenke	3.10	12:44	4:06	7	1:27	51	2:40	22.90	2:11:39	5:44	10	24:18	103	41:19
Ilseburg/Markt	3.30	14:38	4:26	9	1:41	68	3:14	26.20	2:26:17	5:34	9	25:52	99	44:33