



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Löffler, Stephan

Club: Frankfurt am Main
Number: 265

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:26:36

Speed: 10.64 km/h
Running performance: 5:36 min/km

Rank in course/Total: 109 (of 537)

Rank in course/Men: 100 (of 440)

Best time in course: 1:41:44

Rank in category: 22(of 65)

Best time in the category: 1:52:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:07	5:29	24	4:35	115	5:55	3.30	18:07	5:29	24	4:35	115	5:55
Schlüsie	3.10	19:07	6:10	21	4:21	91	5:43	6.40	37:14	5:49	22	8:44	103	11:38
Hermannsklippe	2.60	17:04	6:33	24	4:11	104	5:10	9.00	54:18	6:01	22	12:55	103	16:48
Brocken	3.10	29:39	9:33	30	8:53	157	11:26	12.10	1:23:57	6:56	24	21:48	117	28:14
Eiserner Handwe	3.60	16:43	4:38	17	3:36	67	4:07	15.70	1:40:40	6:24	24	24:49	104	32:21
Schlüsie	4.10	16:12	3:57	18	3:15	70	4:15	19.80	1:56:52	5:54	23	27:53	99	36:36
Loddenke	3.10	13:37	4:23	21	2:47	93	3:33	22.90	2:10:29	5:41	22	30:25	97	40:09
Ilseburg/Markt	3.30	16:07	4:53	28	4:21	149	4:43	26.20	2:26:36	5:35	22	34:00	100	44:52