



# 52. Brockenlauf

Ilseburg / 02.09.2023

## Detailed evaluation

**Dittmar, Christian**

Club: LAV Halensina  
Number: 88

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:27:23

Speed: 10.58 km/h  
Running performance: 5:38 min/km

Rank in course/Total: 114 (of 537)

Rank in course/Men: 105 (of 440)

Best time in course: 1:41:44

Rank in category: 23(of 65)

Best time in the category: 1:52:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:26	5:35	28	4:54	137	6:14	3.30	18:26	5:35	28	4:54	137	6:14
Schlüsie	3.10	19:16	6:12	22	4:30	100	5:52	6.40	37:42	5:53	23	9:12	113	12:06
Hermannsklippe	2.60	16:29	6:20	20	3:36	75	4:35	9.00	54:11	6:01	21	12:48	101	16:41
Brocken	3.10	27:31	8:52	22	6:45	85	9:18	12.10	1:21:42	6:45	22	19:33	91	25:59
Eiserner Handwe	3.60	17:10	4:46	19	4:03	79	4:34	15.70	1:38:52	6:17	20	23:01	89	30:33
Schlüsie	4.10	17:23	4:14	28	4:26	136	5:26	19.80	1:56:15	5:52	22	27:16	95	35:59
Loddenke	3.10	14:40	4:43	29	3:50	168	4:36	22.90	2:10:55	5:43	23	30:51	101	40:35
Ilseburg/Markt	3.30	16:28	4:59	30	4:42	175	5:04	26.20	2:27:23	5:37	23	34:47	105	45:39