



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Albrecht, Finja

Club: Hannover Athletics
Number: 27

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 2:27:38

Speed: 10.57 km/h
Running performance: 5:38 min/km

Rank in course/Total: 115 (of 537)

Rank in course/Women: 10 (of 97)

Best time in course: 2:02:52

Rank in category: 4(of 10)

Best time in the category: 2:03:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	16:50	5:06	3	1:51	8	1:51	3.30	16:50	5:06	3	1:51	8	1:51
Schlüsie	3.10	18:49	6:04	4	1:54	10	2:05	6.40	35:39	5:34	3	3:45	7	3:45
Hermannsklippe	2.60	17:00	6:32	4	2:07	10	2:34	9.00	52:39	5:50	4	5:52	9	5:54
Brocken	3.10	27:07	8:44	4	2:42	10	4:26	12.10	1:19:46	6:35	4	8:34	9	10:20
Eiserner Handwe	3.60	18:21	5:05	6	4:00	16	4:00	15.70	1:38:07	6:14	4	12:34	9	13:43
Schlüsie	4.10	18:37	4:32	7	5:07	28	5:07	19.80	1:56:44	5:53	4	17:41	9	17:43
Loddenke	3.10	15:01	4:50	6	3:26	25	3:45	22.90	2:11:45	5:45	4	21:07	9	21:28
Ilseburg/Markt	3.30	15:53	4:48	6	2:51	15	3:18	26.20	2:27:38	5:38	4	23:55	10	24:46