



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

John-Bartkowiak, Michael

Club: TV Bergziege  
Number: 531

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:28:47

Speed: 10.49 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 125 (of 537)

Rank in course/Men: 113 (of 440)

Best time in course: 1:41:44

Rank in category: 25(of 65)

Best time in the category: 1:52:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:21	5:15	20	3:49	82	5:09	3.30	17:21	5:15	20	3:49	82	5:09
Schlüsie	3.10	19:50	6:23	26	5:04	130	6:26	6.40	37:11	5:48	21	8:41	102	11:35
Hermannsklippe	2.60	17:19	6:39	27	4:26	124	5:25	9.00	54:30	6:03	23	13:07	107	17:00
Brocken	3.10	26:56	8:41	21	6:10	78	8:43	12.10	1:21:26	6:43	21	19:17	90	25:43
Eiserner Handwe	3.60	18:08	5:02	29	5:01	145	5:32	15.70	1:39:34	6:20	22	23:43	96	31:15
Schlüsie	4.10	17:37	4:17	30	4:40	156	5:40	19.80	1:57:11	5:55	24	28:12	101	36:55
Loddenke	3.10	15:48	5:05	40	4:58	254	5:44	22.90	2:12:59	5:48	25	32:55	115	42:39
Ilseburg/Markt	3.30	15:48	4:47	24	4:02	126	4:24	26.20	2:28:47	5:40	25	36:11	113	47:03