



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Schlemeier, Verena

Club: SV teutonia sorsum
Number: 368

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:29:41

Speed: 10.50 km/h
Running performance: 5:43 min/km

Rank in course/Total: 133 (of 537)

Rank in course/Women: 13 (of 97)

Best time in course: 2:02:52

Rank in category: 1(of 16)

Best time in the category: 2:29:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	16:54	5:07	1	-	9	1:55	3.30	16:54	5:07	1	-	9	1:55
Schlüsie	3.10	19:43	6:21	1	-	13	2:59	6.40	36:37	5:43	1	-	10	4:43
Hermannsklippe	2.60	17:40	6:47	1	-	14	3:14	9.00	54:17	6:01	1	-	11	7:32
Brocken	3.10	28:16	9:07	1	-	13	5:35	12.10	1:22:33	6:49	1	-	12	13:07
Eiserner Handwe	3.60	18:39	5:10	2	0:59	19	4:18	15.70	1:41:12	6:26	1	-	12	16:48
Schlüsie	4.10	18:09	4:25	3	0:08	17	4:39	19.80	1:59:21	6:01	1	-	11	20:20
Loddenke	3.10	14:23	4:38	2	0:29	17	3:07	22.90	2:13:44	5:50	1	-	11	23:27
Ilseburg/Markt	3.30	15:57	4:49	2	0:45	16	3:22	26.20	2:29:41	5:42	1	-	13	26:49