



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Kramer, Christian

Club: SC Vienenburg
Number: 228

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:31:03

Speed: 10.33 km/h
Running performance: 5:46 min/km

Rank in course/Total: 138 (of 537)

Rank in course/Men: 125 (of 440)

Best time in course: 1:41:44

Rank in category: 26(of 65)

Best time in the category: 1:52:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:25	5:34	27	4:53	133	6:13	3.30	18:25	5:34	27	4:53	133	6:13
Schlüsie	3.10	20:01	6:27	31	5:15	147	6:37	6.40	38:26	6:00	27	9:56	129	12:50
Hermannsklippe	2.60	17:41	6:48	30	4:48	150	5:47	9.00	56:07	6:14	26	14:44	130	18:37
Brocken	3.10	30:49	9:56	39	10:03	192	12:36	12.10	1:26:56	7:11	30	24:47	155	31:13
Eiserner Handwe	3.60	17:39	4:54	25	4:32	106	5:03	15.70	1:44:35	6:39	29	28:44	137	36:16
Schlüsie	4.10	16:57	4:08	23	4:00	109	5:00	19.80	2:01:32	6:08	27	32:33	127	41:16
Loddenke	3.10	13:37	4:23	21	2:47	93	3:33	22.90	2:15:09	5:54	26	35:05	125	44:49
Ilseburg/Markt	3.30	15:54	4:49	27	4:08	133	4:30	26.20	2:31:03	5:45	26	38:27	125	49:19