



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Thormann, Dominik

Club: Wedemark  
Number: 431

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:31:38

Speed: 10.29 km/h  
Running performance: 5:47 min/km

Rank in course/Total: 143 (of 537)

Rank in course/Men: 130 (of 440)

Best time in course: 1:41:44

Rank in category: 19(of 47)

Best time in the category: 1:41:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:33	6:31	43	9:21	338	9:21	3.30	21:33	6:31	43	9:21	338	9:21
Schlüsie	3.10	21:21	6:53	35	7:57	229	7:57	6.40	42:54	6:42	42	17:18	291	17:18
Hermannsklippe	2.60	18:01	6:55	24	6:07	167	6:07	9.00	1:00:55	6:46	39	23:25	248	23:25
Brocken	3.10	28:07	9:04	13	9:54	104	9:54	12.10	1:29:02	7:21	27	33:19	182	33:19
Eiserner Handwe	3.60	17:21	4:49	10	4:45	89	4:45	15.70	1:46:23	6:46	23	38:04	162	38:04
Schlüsie	4.10	16:20	3:59	12	4:23	76	4:23	19.80	2:02:43	6:11	20	42:27	142	42:27
Loddenke	3.10	13:22	4:18	12	3:18	75	3:18	22.90	2:16:05	5:56	20	45:45	129	45:45
Ilseburg/Markt	3.30	15:33	4:42	19	4:09	117	4:09	26.20	2:31:38	5:47	19	49:54	130	49:54