



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Eggleston, Sarah

Club: No f*cking X-Cuses
Number: 101

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:31:55

Speed: 10.27 km/h
Running performance: 5:48 min/km

Rank in course/Total: 145 (of 537)

Rank in course/Women: 14 (of 97)

Best time in course: 2:02:52

Rank in category: 4(of 15)

Best time in the category: 2:02:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:52	5:43	5	3:17	19	3:53	3.30	18:52	5:43	5	3:17	19	3:53
Schlüsie	3.10	19:18	6:13	4	2:34	11	2:34	6.40	38:10	5:57	5	5:51	15	6:16
Hermannsklippe	2.60	17:29	6:43	4	3:03	13	3:03	9.00	55:39	6:11	4	8:54	14	8:54
Brocken	3.10	26:28	8:32	3	3:47	9	3:47	12.10	1:22:07	6:47	4	12:41	11	12:41
Eiserner Handwe	3.60	18:35	5:09	6	3:37	18	4:14	15.70	1:40:42	6:24	4	16:18	11	16:18
Schlüsie	4.10	19:43	4:48	9	5:06	48	6:13	19.80	2:00:25	6:04	4	21:24	13	21:24
Loddenke	3.10	15:41	5:03	7	4:25	41	4:25	22.90	2:16:06	5:56	4	25:49	14	25:49
Ilseburg/Markt	3.30	15:49	4:47	4	3:14	14	3:14	26.20	2:31:55	5:47	4	29:03	14	29:03