



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Grillot, Jonathan

Club: Celle  
Number: 149

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:32:18

Speed: 10.24 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 147 (of 537)

Rank in course/Men: 133 (of 440)

Best time in course: 1:41:44

Rank in category: 27(of 65)

Best time in the category: 1:52:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:07	6:05	43	6:35	257	7:55	3.30	20:07	6:05	43	6:35	257	7:55
Schlüsie	3.10	19:53	6:24	29	5:07	135	6:29	6.40	40:00	6:15	35	11:30	183	14:24
Hermannsklippe	2.60	16:31	6:21	21	3:38	78	4:37	9.00	56:31	6:16	30	15:08	140	19:01
Brocken	3.10	26:12	8:27	19	5:26	66	7:59	12.10	1:22:43	6:50	23	20:34	104	27:00
Eiserner Handwe	3.60	18:13	5:03	30	5:06	146	5:37	15.70	1:40:56	6:25	25	25:05	107	32:37
Schlüsie	4.10	18:04	4:24	34	5:07	177	6:07	19.80	1:59:00	6:00	26	30:01	116	38:44
Loddenke	3.10	16:18	5:15	45	5:28	283	6:14	22.90	2:15:18	5:54	27	35:14	126	44:58
Ilseburg/Markt	3.30	17:00	5:09	35	5:14	214	5:36	26.20	2:32:18	5:48	27	39:42	133	50:34