



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Holzberg, Britta

Club: sportTrendUltralaufteam Braunschweig
Number: 8

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:32:58

Speed: 10.20 km/h
Running performance: 5:50 min/km

Rank in course/Total: 154 (of 537)

Rank in course/Women: 16 (of 97)

Best time in course: 2:02:52

Rank in category: 5(of 15)

Best time in the category: 2:02:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	16:49	5:05	3	1:14	7	1:50	3.30	16:49	5:05	3	1:14	7	1:50
Schlüsie	3.10	20:48	6:42	5	4:04	19	4:04	6.40	37:37	5:52	4	5:18	12	5:43
Hermannsklippe	2.60	19:10	7:22	8	4:44	24	4:44	9.00	56:47	6:18	5	10:02	15	10:02
Brocken	3.10	31:39	10:12	7	8:58	23	8:58	12.10	1:28:26	7:18	5	19:00	17	19:00
Eiserner Handwe	3.60	16:46	4:39	3	1:48	8	2:25	15.70	1:45:12	6:42	5	20:48	14	20:48
Schlüsie	4.10	16:42	4:04	3	2:05	8	3:12	19.80	2:01:54	6:09	5	22:53	14	22:53
Loddenke	3.10	14:34	4:41	4	3:18	19	3:18	22.90	2:16:28	5:57	5	26:11	15	26:11
Ilseburg/Markt	3.30	16:30	5:00	6	3:55	26	3:55	26.20	2:32:58	5:50	5	30:06	16	30:06