



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Albrecht, Martin

Club: Hannover/Seelze/Velber  
Number: 566

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 2:34:36

Speed: 10.17 km/h  
Running performance: 5:54 min/km

Rank in course/Total: 162 (of 537)

Rank in course/Men: 146 (of 440)

Best time in course: 1:41:44

Rank in category: 4(of 32)

Best time in the category: 2:24:05

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:22	5:52	8	1:34	199	7:10	3.30	19:22	5:52	8	1:34	199	7:10
Schlüsie	3.10	20:51	6:43	5	1:34	199	7:27	6.40	40:13	6:17	4	2:42	191	14:37
Hermannsklippe	2.60	18:10	6:59	4	1:41	176	6:16	9.00	58:23	6:29	4	4:23	189	20:53
Brocken	3.10	28:30	9:11	2	0:28	115	10:17	12.10	1:26:53	7:10	3	4:51	154	31:10
Eiserner Handwe	3.60	17:53	4:58	3	1:19	126	5:17	15.70	1:44:46	6:40	3	5:19	142	36:27
Schlüsie	4.10	17:48	4:20	5	1:09	165	5:51	19.80	2:02:34	6:11	4	6:19	140	42:18
Loddenke	3.10	14:59	4:49	5	1:36	192	4:55	22.90	2:17:33	6:00	3	7:55	144	47:13
Ilseburg/Markt	3.30	17:03	5:10	6	2:36	217	5:39	26.20	2:34:36	5:54	4	10:31	146	52:52