



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Mahlke, Olaf

Club: SV Warnemünde e.V.
Number: 544

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:34:37

Speed: 10.09 km/h
Running performance: 5:54 min/km

Rank in course/Total: 163 (of 537)

Rank in course/Men: 147 (of 440)

Best time in course: 1:41:44

Rank in category: 29(of 65)

Best time in the category: 1:52:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:05	6:05	42	6:33	254	7:53	3.30	20:05	6:05	42	6:33	254	7:53
Schlüsie	3.10	20:41	6:40	38	5:55	191	7:17	6.40	40:46	6:22	41	12:16	221	15:10
Hermannsklippe	2.60	18:26	7:05	39	5:33	191	6:32	9.00	59:12	6:34	39	17:49	201	21:42
Brocken	3.10	30:41	9:53	38	9:55	190	12:28	12.10	1:29:53	7:25	39	27:44	200	34:10
Eiserner Handwe	3.60	20:06	5:35	44	6:59	246	7:30	15.70	1:49:59	7:00	40	34:08	201	41:40
Schlüsie	4.10	17:13	4:11	25	4:16	125	5:16	19.80	2:07:12	6:25	35	38:13	183	46:56
Loddenke	3.10	13:39	4:24	23	2:49	96	3:35	22.90	2:20:51	6:09	34	40:47	173	50:31
Ilseburg/Markt	3.30	13:46	4:10	12	2:00	38	2:22	26.20	2:34:37	5:54	29	42:01	147	52:53