



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Audet Prior, David

Club: VfL Wolfsburg
Number: 35

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:34:41

Speed: 10.09 km/h
Running performance: 5:54 min/km

Rank in course/Total: 164 (of 537)

Rank in course/Men: 148 (of 440)

Best time in course: 1:41:44

Rank in category: 20(of 47)

Best time in the category: 1:41:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:37	5:20	17	5:25	94	5:25	3.30	17:37	5:20	17	5:25	94	5:25
Schlüsie	3.10	18:22	5:55	11	4:58	65	4:58	6.40	35:59	5:37	13	10:23	78	10:23
Hermannsklippe	2.60	16:35	6:22	12	4:41	80	4:41	9.00	52:34	5:50	11	15:04	73	15:04
Brocken	3.10	30:13	9:44	21	12:00	173	12:00	12.10	1:22:47	6:50	15	27:04	105	27:04
Eiserner Handwe	3.60	17:53	4:58	19	5:17	126	5:17	15.70	1:40:40	6:24	14	32:21	104	32:21
Schlüsie	4.10	18:57	4:37	30	7:00	224	7:00	19.80	1:59:37	6:02	19	39:21	121	39:21
Loddenke	3.10	15:23	4:57	31	5:19	227	5:19	22.90	2:15:00	5:53	19	44:40	124	44:40
Ilseburg/Markt	3.30	19:41	5:57	43	8:17	352	8:17	26.20	2:34:41	5:54	20	52:57	148	52:57