



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Röske, Jens

Club: Leipzig
Number: 352

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:35:18

Speed: 10.05 km/h
Running performance: 5:56 min/km

Rank in course/Total: 170 (of 537)

Rank in course/Men: 154 (of 440)

Best time in course: 1:41:44

Rank in category: 31(of 65)

Best time in the category: 1:52:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:32	6:31	52	8:00	335	9:20	3.30	21:32	6:31	52	8:00	335	9:20
Schlüsie	3.10	21:08	6:49	41	6:22	220	7:44	6.40	42:40	6:39	47	14:10	287	17:04
Hermannsklippe	2.60	17:51	6:51	32	4:58	157	5:57	9.00	1:00:31	6:43	43	19:08	233	23:01
Brocken	3.10	29:09	9:24	28	8:23	137	10:56	12.10	1:29:40	7:24	37	27:31	191	33:57
Eiserner Handwe	3.60	18:26	5:07	31	5:19	157	5:50	15.70	1:48:06	6:53	34	32:15	177	39:47
Schlüsie	4.10	17:19	4:13	26	4:22	131	5:22	19.80	2:05:25	6:20	32	36:26	164	45:09
Loddenke	3.10	14:48	4:46	30	3:58	179	4:44	22.90	2:20:13	6:07	32	40:09	163	49:53
Ilseburg/Markt	3.30	15:05	4:34	20	3:19	88	3:41	26.20	2:35:18	5:55	31	42:42	154	53:34