



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Maxa, Christian

Club: Hildesheim
Number: 283

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:35:49

Speed: 10.09 km/h
Running performance: 5:57 min/km

Rank in course/Total: 173 (of 537)

Rank in course/Men: 157 (of 440)

Best time in course: 1:41:44

Rank in category: 32(of 65)

Best time in the category: 1:52:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:58	5:44	35	5:26	175	6:46	3.30	18:58	5:44	35	5:26	175	6:46
Schlüsie	3.10	19:58	6:26	30	5:12	145	6:34	6.40	38:56	6:04	31	10:26	147	13:20
Hermannsklippe	2.60	17:15	6:38	25	4:22	114	5:21	9.00	56:11	6:14	29	14:48	138	18:41
Brocken	3.10	28:59	9:20	27	8:13	127	10:46	12.10	1:25:10	7:02	28	23:01	132	29:27
Eiserner Handwe	3.60	19:14	5:20	39	6:07	197	6:38	15.70	1:44:24	6:38	28	28:33	136	36:05
Schlüsie	4.10	18:37	4:32	37	5:40	205	6:40	19.80	2:03:01	6:12	29	34:02	146	42:45
Loddenke	3.10	15:35	5:01	37	4:45	240	5:31	22.90	2:18:36	6:03	28	38:32	150	48:16
Ilseburg/Markt	3.30	17:13	5:13	36	5:27	232	5:49	26.20	2:35:49	5:56	32	43:13	157	54:05