



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Thorn, Volker

Club: LSG Kassel
Number: 432

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:35:49

Speed: 10.01 km/h
Running performance: 5:57 min/km

Rank in course/Total: 175 (of 537)

Rank in course/Men: 157 (of 440)

Best time in course: 1:41:44

Rank in category: 22(of 61)

Best time in the category: 2:00:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:12	5:49	26	4:41	187	7:00	3.30	19:12	5:49	26	4:41	187	7:00
Schlüsie	3.10	20:32	6:37	20	4:23	180	7:08	6.40	39:44	6:12	25	8:43	175	14:08
Hermannsklippe	2.60	18:04	6:56	23	3:58	171	6:10	9.00	57:48	6:25	21	12:41	174	20:18
Brocken	3.10	28:36	9:13	13	6:06	118	10:23	12.10	1:26:24	7:08	19	18:21	148	30:41
Eiserner Handwe	3.60	19:12	5:19	27	5:13	194	6:36	15.70	1:45:36	6:43	20	23:18	154	37:17
Schlüsie	4.10	18:14	4:26	25	4:42	188	6:17	19.80	2:03:50	6:15	22	27:59	153	43:34
Loddenke	3.10	15:03	4:51	27	3:46	196	4:59	22.90	2:18:53	6:03	22	31:32	152	48:33
Ilseburg/Markt	3.30	16:56	5:07	30	3:59	212	5:32	26.20	2:35:49	5:56	22	35:24	157	54:05