



# 52. Brockenlauf

Ilseburg / 02.09.2023

## Detailed evaluation

**Hofemeier, Florian**

Club: Braunschweig  
Number: 178

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:36:31

Speed: 9.97 km/h  
Running performance: 5:58 min/km

Rank in course/Total: 182 (of 537)

Rank in course/Men: 165 (of 440)

Best time in course: 1:41:44

Rank in category: 27(of 57)

Best time in the category: 1:54:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:17	5:50	26	5:00	192	7:05	3.30	19:17	5:50	26	5:00	192	7:05
Schlüsie	3.10	20:05	6:28	24	4:20	149	6:41	6.40	39:22	6:09	27	9:20	164	13:46
Hermannsklippe	2.60	17:59	6:55	28	4:19	166	6:05	9.00	57:21	6:22	27	13:39	160	19:51
Brocken	3.10	30:21	9:47	29	9:32	178	12:08	12.10	1:27:42	7:14	28	23:11	163	31:59
Eiserner Handwe	3.60	18:19	5:05	26	4:42	153	5:43	15.70	1:46:01	6:45	27	27:53	159	37:42
Schlüsie	4.10	18:26	4:29	30	5:08	199	6:29	19.80	2:04:27	6:17	27	33:01	157	44:11
Loddenke	3.10	15:02	4:50	29	3:43	194	4:58	22.90	2:19:29	6:05	27	36:44	155	49:09
Ilseburg/Markt	3.30	17:02	5:09	33	4:51	216	5:38	26.20	2:36:31	5:58	27	41:35	165	54:47