



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Schönfeld, Stefan

Club: Braunschweig
Number: 384

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:37:16

Speed: 9.92 km/h
Running performance: 6:00 min/km

Rank in course/Total: 188 (of 537)

Rank in course/Men: 171 (of 440)

Best time in course: 1:41:44

Rank in category: 33(of 65)

Best time in the category: 1:52:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:51	5:24	23	4:19	101	5:39	3.30	17:51	5:24	23	4:19	101	5:39
Schlüsie	3.10	20:35	6:38	35	5:49	184	7:11	6.40	38:26	6:00	27	9:56	129	12:50
Hermannsklippe	2.60	18:43	7:11	41	5:50	210	6:49	9.00	57:09	6:20	32	15:46	152	19:39
Brocken	3.10	30:33	9:51	37	9:47	185	12:20	12.10	1:27:42	7:14	32	25:33	163	31:59
Eiserner Handwe	3.60	19:04	5:17	38	5:57	190	6:28	15.70	1:46:46	6:48	32	30:55	166	38:27
Schlüsie	4.10	18:44	4:34	38	5:47	212	6:47	19.80	2:05:30	6:20	33	36:31	166	45:14
Loddenke	3.10	14:48	4:46	30	3:58	179	4:44	22.90	2:20:18	6:07	33	40:14	165	49:58
Ilseburg/Markt	3.30	16:58	5:08	34	5:12	213	5:34	26.20	2:37:16	6:00	33	44:40	171	55:32