



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Püschel, Silvio

Club: Hetzdorfer SV 1990
Number: 328

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:37:26

Speed: 9.91 km/h
Running performance: 6:01 min/km

Rank in course/Total: 189 (of 537)

Rank in course/Men: 172 (of 440)

Best time in course: 1:41:44

Rank in category: 22(of 55)

Best time in the category: 2:00:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:47	5:41	19	4:50	160	6:35	3.30	18:47	5:41	19	4:50	160	6:35
Schlüsie	3.10	19:47	6:22	17	4:05	123	6:23	6.40	38:34	6:01	15	8:55	134	12:58
Hermannsklippe	2.60	18:48	7:13	32	4:35	215	6:54	9.00	57:22	6:22	21	13:30	161	19:52
Brocken	3.10	32:56	10:37	35	9:50	276	14:43	12.10	1:30:18	7:27	28	23:20	206	34:35
Eiserner Handwe	3.60	21:23	5:56	36	7:15	299	8:47	15.70	1:51:41	7:06	30	30:02	219	43:22
Schlüsie	4.10	17:31	4:16	17	4:00	145	5:34	19.80	2:09:12	6:31	28	32:56	207	48:56
Loddenke	3.10	13:29	4:20	9	2:45	81	3:25	22.90	2:22:41	6:13	26	34:11	187	52:21
Ilseburg/Markt	3.30	14:45	4:28	8	2:18	72	3:21	26.20	2:37:26	6:00	22	36:29	172	55:42