



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Kraska, Doreen

Club: mrs sporty
Number: 571

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:37:31

Speed: 9.90 km/h
Running performance: 6:01 min/km

Rank in course/Total: 190 (of 537)

Rank in course/Women: 18 (of 97)

Best time in course: 2:02:52

Rank in category: 2(of 12)

Best time in the category: 2:13:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:34	5:55	5	3:02	25	4:35	3.30	19:34	5:55	5	3:02	25	4:35
Schlüsie	3.10	20:26	6:35	2	1:51	17	3:42	6.40	40:00	6:15	2	4:53	19	8:06
Hermannsklippe	2.60	18:03	6:56	3	1:54	19	3:37	9.00	58:03	6:26	2	6:47	18	11:18
Brocken	3.10	31:19	10:06	3	5:29	19	8:38	12.10	1:29:22	7:23	2	12:16	18	19:56
Eiserner Handwe	3.60	19:17	5:21	5	3:27	27	4:56	15.70	1:48:39	6:55	2	15:43	18	24:15
Schlüsie	4.10	17:41	4:18	3	2:57	12	4:11	19.80	2:06:20	6:22	2	18:40	18	27:19
Loddenke	3.10	14:38	4:43	3	2:24	20	3:22	22.90	2:20:58	6:09	2	21:04	18	30:41
Ilseburg/Markt	3.30	16:33	5:00	6	2:32	29	3:58	26.20	2:37:31	6:00	2	23:36	18	34:39