



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Jackisch, Andreas

Club: Kissenbrück  
Number: 110

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:37:57

Speed: 9.88 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 194 (of 537)

Rank in course/Men: 176 (of 440)

Best time in course: 1:41:44

Rank in category: 20(of 59)

Best time in the category: 2:13:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:52	6:01	32	4:25	240	7:40	3.30	19:52	6:01	32	4:25	240	7:40
Schlüsie	3.10	21:51	7:02	30	3:57	262	8:27	6.40	41:43	6:31	28	8:18	250	16:07
Hermannsklippe	2.60	18:56	7:16	23	3:26	222	7:02	9.00	1:00:39	6:44	26	11:00	235	23:09
Brocken	3.10	29:53	9:38	19	5:11	166	11:40	12.10	1:30:32	7:28	23	15:10	211	34:49
Eiserner Handwe	3.60	19:23	5:23	22	4:05	203	6:47	15.70	1:49:55	7:00	20	18:45	199	41:36
Schlüsie	4.10	17:26	4:15	19	2:06	139	5:29	19.80	2:07:21	6:25	19	20:51	186	47:05
Loddenke	3.10	14:26	4:39	16	2:01	153	4:22	22.90	2:21:47	6:11	19	22:52	178	51:27
Ilseburg/Markt	3.30	16:10	4:53	18	2:20	154	4:46	26.20	2:37:57	6:01	20	24:48	176	56:13