



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Reiche, Steffen

Club: Trailrunning Meißen
Number: 336

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:38:26

Speed: 9.85 km/h
Running performance: 6:03 min/km

Rank in course/Total: 196 (of 537)

Rank in course/Men: 178 (of 440)

Best time in course: 1:41:44

Rank in category: 24(of 55)

Best time in the category: 2:00:57

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:04	6:04	35	6:07	252	7:52	3.30	20:04	6:04	35	6:07	252	7:52
Schlüsie	3.10	19:57	6:26	19	4:15	144	6:33	6.40	40:01	6:15	27	10:22	186	14:25
Hermannsklippe	2.60	17:53	6:52	21	3:40	160	5:59	9.00	57:54	6:26	23	14:02	179	20:24
Brocken	3.10	31:16	10:05	26	8:10	207	13:03	12.10	1:29:10	7:22	24	22:12	186	33:27
Eiserner Handwe	3.60	21:57	6:05	43	7:49	325	9:21	15.70	1:51:07	7:04	28	29:28	211	42:48
Schlüsie	4.10	17:48	4:20	21	4:17	165	5:51	19.80	2:08:55	6:30	27	32:39	202	48:39
Loddenke	3.10	13:57	4:30	12	3:13	112	3:53	22.90	2:22:52	6:14	27	34:22	192	52:32
Ilseburg/Markt	3.30	15:34	4:43	15	3:07	118	4:10	26.20	2:38:26	6:02	24	37:29	178	56:42