



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Jacob, Bastian

Club: MT Melsungen
Number: 44

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:39:14

Speed: 9.80 km/h
Running performance: 6:05 min/km

Rank in course/Total: 202 (of 537)

Rank in course/Men: 184 (of 440)

Best time in course: 1:41:44

Rank in category: 26(of 55)

Best time in the category: 2:00:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:30	5:54	29	5:33	214	7:18	3.30	19:30	5:54	29	5:33	214	7:18
Schlüsie	3.10	20:50	6:43	28	5:08	198	7:26	6.40	40:20	6:18	30	10:41	201	14:44
Hermannsklippe	2.60	17:56	6:53	22	3:43	163	6:02	9.00	58:16	6:28	27	14:24	188	20:46
Brocken	3.10	30:52	9:57	25	7:46	194	12:39	12.10	1:29:08	7:21	23	22:10	184	33:25
Eiserner Handwe	3.60	18:43	5:11	23	4:35	169	6:07	15.70	1:47:51	6:52	24	26:12	174	39:32
Schlüsie	4.10	17:35	4:17	18	4:04	150	5:38	19.80	2:05:26	6:20	20	29:10	165	45:10
Loddenke	3.10	15:24	4:58	33	4:40	228	5:20	22.90	2:20:50	6:08	23	32:20	172	50:30
Ilseburg/Markt	3.30	18:24	5:34	44	5:57	293	7:00	26.20	2:39:14	6:04	26	38:17	184	57:30