



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Fidencz, Krystian

Club: Zerst  
Number: 523

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:40:15

Speed: 9.73 km/h  
Running performance: 6:07 min/km

Rank in course/Total: 211 (of 537)

Rank in course/Men: 192 (of 440)

Best time in course: 1:41:44

Rank in category: 34(of 65)

Best time in the category: 1:52:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:16	6:08	45	6:44	265	8:04	3.30	20:16	6:08	45	6:44	265	8:04
Schlüsie	3.10	20:24	6:34	34	5:38	174	7:00	6.40	40:40	6:21	40	12:10	217	15:04
Hermannsklippe	2.60	17:51	6:51	32	4:58	157	5:57	9.00	58:31	6:30	36	17:08	193	21:01
Brocken	3.10	29:58	9:39	33	9:12	169	11:45	12.10	1:28:29	7:18	36	26:20	173	32:46
Eiserner Handwe	3.60	18:56	5:15	37	5:49	186	6:20	15.70	1:47:25	6:50	33	31:34	171	39:06
Schlüsie	4.10	19:01	4:38	40	6:04	226	7:04	19.80	2:06:26	6:23	34	37:27	180	46:10
Loddenke	3.10	15:53	5:07	42	5:03	264	5:49	22.90	2:22:19	6:12	35	42:15	183	51:59
Ilseburg/Markt	3.30	17:56	5:26	39	6:10	266	6:32	26.20	2:40:15	6:06	34	47:39	192	58:31