



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Eitner, Harald

Club: Weddingen
Number: 105

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:40:29

Speed: 9.72 km/h
Running performance: 6:08 min/km

Rank in course/Total: 213 (of 537)

Rank in course/Men: 195 (of 440)

Best time in course: 1:41:44

Rank in category: 22(of 59)

Best time in the category: 2:13:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:32	5:55	22	4:05	217	7:20	3.30	19:32	5:55	22	4:05	217	7:20
Schlüsie	3.10	21:02	6:47	22	3:08	214	7:38	6.40	40:34	6:20	22	7:09	213	14:58
Hermannsklippe	2.60	19:22	7:26	28	3:52	243	7:28	9.00	59:56	6:39	21	10:17	214	22:26
Brocken	3.10	30:17	9:46	20	5:35	175	12:04	12.10	1:30:13	7:27	21	14:51	204	34:30
Eiserner Handwe	3.60	19:17	5:21	21	3:59	198	6:41	15.70	1:49:30	6:58	19	18:20	193	41:11
Schlüsie	4.10	19:34	4:46	34	4:14	261	7:37	19.80	2:09:04	6:31	22	22:34	205	48:48
Loddenke	3.10	15:10	4:53	30	2:45	209	5:06	22.90	2:24:14	6:17	23	25:19	202	53:54
Ilseburg/Markt	3.30	16:15	4:55	20	2:25	159	4:51	26.20	2:40:29	6:07	22	27:20	195	58:45