



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Maier, Frank

Club: Meyenburg
Number: 6

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:40:55

Speed: 9.69 km/h
Running performance: 6:08 min/km

Rank in course/Total: 216 (of 537)

Rank in course/Men: 198 (of 440)

Best time in course: 1:41:44

Rank in category: 23(of 59)

Best time in the category: 2:13:09

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 19:31 | 5:54 | 21 | 4:04 | 216 | 7:19 | 3.30 | 19:31 | 5:54 | 21 | 4:04 | 216 | 7:19 |
| Schlüsie | 3.10 | 22:13 | 7:09 | 36 | 4:19 | 290 | 8:49 | 6.40 | 41:44 | 6:31 | 29 | 8:19 | 251 | 16:08 |
| Hermannsklippe | 2.60 | 19:49 | 7:37 | 31 | 4:19 | 272 | 7:55 | 9.00 | 1:01:33 | 6:50 | 30 | 11:54 | 263 | 24:03 |
| Brocken | 3.10 | 32:30 | 10:29 | 30 | 7:48 | 264 | 14:17 | 12.10 | 1:34:03 | 7:46 | 31 | 18:41 | 261 | 38:20 |
| Eiserner Handwe | 3.60 | 17:26 | 4:50 | 12 | 2:08 | 95 | 4:50 | 15.70 | 1:51:29 | 7:06 | 24 | 20:19 | 216 | 43:10 |
| Schlüsie | 4.10 | 17:53 | 4:21 | 22 | 2:33 | 167 | 5:56 | 19.80 | 2:09:22 | 6:32 | 23 | 22:52 | 209 | 49:06 |
| Loddenke | 3.10 | 14:57 | 4:49 | 25 | 2:32 | 190 | 4:53 | 22.90 | 2:24:19 | 6:18 | 24 | 25:24 | 203 | 53:59 |
| Ilseburg/Markt | 3.30 | 16:36 | 5:01 | 26 | 2:46 | 187 | 5:12 | 26.20 | 2:40:55 | 6:08 | 23 | 27:46 | 198 | 59:11 |