



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Maier, Frank

Club: Meyenburg
Number: 6

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:40:55

Speed: 9.69 km/h
Running performance: 6:08 min/km

Rank in course/Total: 216 (of 537)

Rank in course/Men: 198 (of 440)

Best time in course: 1:41:44

Rank in category: 23(of 59)

Best time in the category: 2:13:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:31	5:54	21	4:04	216	7:19	3.30	19:31	5:54	21	4:04	216	7:19
Schlüsie	3.10	22:13	7:09	36	4:19	290	8:49	6.40	41:44	6:31	29	8:19	251	16:08
Hermannsklippe	2.60	19:49	7:37	31	4:19	272	7:55	9.00	1:01:33	6:50	30	11:54	263	24:03
Brocken	3.10	32:30	10:29	30	7:48	264	14:17	12.10	1:34:03	7:46	31	18:41	261	38:20
Eiserner Handwe	3.60	17:26	4:50	12	2:08	95	4:50	15.70	1:51:29	7:06	24	20:19	216	43:10
Schlüsie	4.10	17:53	4:21	22	2:33	167	5:56	19.80	2:09:22	6:32	23	22:52	209	49:06
Loddenke	3.10	14:57	4:49	25	2:32	190	4:53	22.90	2:24:19	6:18	24	25:24	203	53:59
Ilseburg/Markt	3.30	16:36	5:01	26	2:46	187	5:12	26.20	2:40:55	6:08	23	27:46	198	59:11