



# 52. Brockenlauf

Ilseburg / 02.09.2023

## Detailed evaluation

Von Reeken, Ingo

Club: Sloopie 05 Haste  
Number: 447

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:41:43

Speed: 9.65 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 226 (of 537)

Rank in course/Men: 205 (of 440)

Best time in course: 1:41:44

Rank in category: 29(of 61)

Best time in the category: 2:00:25

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:21	5:51	28	4:50	196	7:09	3.30	19:21	5:51	28	4:50	196	7:09
Schlüsie	3.10	20:20	6:33	18	4:11	169	6:56	6.40	39:41	6:12	24	8:40	173	14:05
Hermannsklippe	2.60	18:18	7:02	25	4:12	182	6:24	9.00	57:59	6:26	23	12:52	185	20:29
Brocken	3.10	29:20	9:27	20	6:50	146	11:07	12.10	1:27:19	7:12	21	19:16	159	31:36
Eiserner Handwe	3.60	19:09	5:19	26	5:10	193	6:33	15.70	1:46:28	6:46	21	24:10	163	38:09
Schlüsie	4.10	19:43	4:48	35	6:11	270	7:46	19.80	2:06:11	6:22	24	30:20	176	45:55
Loddenke	3.10	16:06	5:11	36	4:49	276	6:02	22.90	2:22:17	6:12	27	34:56	182	51:57
Ilseburg/Markt	3.30	19:26	5:53	43	6:29	346	8:02	26.20	2:41:43	6:10	29	41:18	205	59:59